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# Everpresent $\Lambda$

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A variety of observations indicate that the universe is dominated by dark energy with negative pressure, one possibility for which is a cosmological constant. If the dark energy is a cosmological constant, a fundamental question is: Why has it become relevant at so late an epoch, making today the only time in the history of the universe at which the cosmological constant is of order the ambient density. We explore an answer to this question drawing on ideas from unimodular gravity, which predicts fluctuations in the cosmological constant, and causal set theory, which predicts the magnitude of these fluctuations. The resulting ansatz yields a fluctuating cosmological "constant" which is always of order the ambient density.

# I. INTRODUCTION

The most startling discovery to emerge from the recent plethora of cosmological data is that the universe appears to be dominated by dark energy [1, 2, 3]. We know that this dark energy accounts for roughly seventy percent of the energy density in the universe, does not cluster like ordinary matter, and has negative pressure. Otherwise, we are in the dark about the nature of this extraordinary phenomenon.

Perhaps the most popular explanation is that the dark energy is due to a cosmological constant, for such a parameter was introduced into general relativity at its birth [4] and has remained an important tool for cosmologists seeking to model the observed universe [5]. The strongest argument against the cosmological constant is that naively we expect it to contribute an energy density,  $\rho_{\Lambda}$ , of order  $m_p^4 = (8\pi G)^{-2}$ , where G is Newton's constant and  $m_p$  is the reduced Planck Mass<sup>1</sup>. This estimate is some one hundred and twenty orders of magnitude larger than the observed value. An equivalent way of stating the problem is to note that only today is the cosmological constant of order the ambient density in matter or radiation. At all past epochs,  $\rho_{\Lambda}$  was sub-dominant and immensely so. Many people have felt that no theory could naturally predict such a tiny value for  $\Lambda$  (or equivalently such a late epoch for it to become relevant) without predicting  $\Lambda$  to vanish entirely, and for this reason they have sought other explanations of the observations.

Many alternatives to the cosmological constant have been proposed. Most significant among these are quintessence models in which the dark energy is due to a homogeneous scalar field shifted away from the true minimum of its potential [6]. Like a simple cosmological constant, many of these suffer from the "Why Now?" problem: Why does the quintessence field come to dominate only recently? They also typically need to explain the small mass scale necessary for the field to be important today ( $m \leq 10^{-33}$  eV). Even more disturbing, none of them are connected to realistic particle physics models. Perhaps then, instead of altering the energy content of the universe, we need to look in another direction and modify gravity in order to explain the dark energy today.

The simulations reported here flesh out an old heuristic prediction [7] of a fluctuating cosmological term arising from the basic tenets of causal set theory.<sup>2</sup> In normal usage, the words "cosmological term" refer to a contribution to the effective stress-energy-momentum tensor of the form  $T_{\mu\nu} = g_{\mu\nu}\Lambda(x)$ . However, in classical General Relativity (GR) such a  $\Lambda(x)$  must be constant if the total energy momentum in other matter components is separately conserved. Here we consider a specific modification of GR motivated by the search for a theory of quantum gravity based on causal sets.

Although the ultimate status and precise interpretation of the prediction of a fluctuating  $\Lambda$  must await the development of a quantum dynamics for causal sets [8], the basic lines of the argument are simple and general enough that they have a certain independence of their own. In this paper we review the motivation for a fluctuating  $\Lambda$  from causal set theory, propose an ansatz for the form of these fluctuations, apply the latter to the Friedmann equation with time-dependent cosmological term, and find that we can have a viable cosmology for some fraction of the solutions. Finally, we address issues related to our choice of evolution equations.

<sup>&</sup>lt;sup>1</sup> In this paper, we will use units in which  $\hbar = c = m_p = 1$ .

<sup>&</sup>lt;sup>2</sup> For an introduction to the causal set hypothesis see [9].

### II. CAUSET THEORY

Here, we will review the arguments leading to a fluctuating cosmological term and then describe the specific ansatz via which we have chosen to implement their main implication: that  $\Lambda$  can be expected to fluctuate and with a magnitude that diminishes as the universe grows older.

In causal set ("causet") theory, the predicted fluctuations arise, as a kind of residual (and nonlocal) quantum effect, from the underlying space-time discreteness. More specifically, the basic inputs to the argument are: space-time discreteness leading to a finite number N of elements; the interpretation of space-time volume  $\mathcal{V}$  as a direct reflection of N; the conjugacy of  $\Lambda$  to space-time volume  $\mathcal{V}$ ; and the existence of fluctuations in  $\mathcal{V}$  coming from Poisson fluctuations in N. (Of these four inputs, the first is not peculiar to causal sets, but the remaining ones all are to a greater or lesser extent.)

The two most basic tenets of causal set theory are first, that the causal ordering of events in macroscopic space-time reflects a more fundamental order relation among the elements of an underlying discrete structure to which continuous spacetime is only an approximation, and second, that the four-volume of a region of spacetime reflects the number of discrete elements of which the region is "composed". The hypothesized discrete substratum or *causal set* is taken to be a partially ordered set and its dynamics is conceived of as a kind of growth process in which elements come into being, one at a time. Although a classically stochastic dynamics expressing these ideas is by now fairly well developed [10], a corresponding quantum dynamics is only just beginning to be sought. Any prediction of quantum fluctuations in  $\Lambda$  must therefore rest on an anticipation of certain features of this "new QCD" (quantum causet dynamics).

Let us begin by assuming that, at some level of approximation, this dynamics will correspond to a space-time "path integral" in which one is summing over certain classes of four-geometries. At the deeper level however, this will still be a sum over causal sets. Then let us take from the already developed classical growth models for causal sets the feature that the ever growing number N of causet elements plays the role of a kind of parameter time – the time in which the stochastic process which mathematically represents the growth unfolds, and with respect to which the probabilities are normalized. Just as one does not sum over time in ordinary quantum mechanics, one would not expect to sum over causets with different values of N in the quantum theory. But, because number corresponds macroscopically to volume  $\mathcal{V}$ , this translates into the statement that one should hold  $\mathcal{V}$  fixed in performing the gravitational path integral. Any wave function that arises will therefore depend not only on suitable boundary data (say a three-geometry) but also on a four-volume parameter  $\mathcal{V}$ . Such a restricted path integral may be called "unimodular".

Now the unimodular modification of ordinary GR has been fairly well studied [11], and it is understood that within it,  $\Lambda$  and  $\mathcal{V}$  are conjugate in the same way that energy and time are conjugate in ordinary quantum mechanics. (Indeed this is almost obvious from the fact that the cosmological constant term in the action-integral of general relativity is just the product  $-\Lambda \mathcal{V}$ .) In particular, this means that, to the extent that  $\mathcal{V}$  is held fixed in the gravitational sumover-histories,  $\Lambda$  will be entirely undetermined by the fundamental parameters of the theory. (Again this is almost obvious by reference to the classical limit of unimodular gravity, where the Lagrange multiplier used to implement the fixed  $\mathcal{V}$  constraint combines with any "bare"  $\Lambda$  in such a way that the observed or "renormalized"  $\Lambda$  represents nothing more than a constant of integration.)

If this were the whole story, then our conclusion would be that  $\Lambda$  is subject to quantum fluctuations (just like energy E in ordinary quantum mechanics) but it would not be possible to say anything about their magnitude, nor about the magnitude of the mean  $\Lambda$  about which the fluctuations would occur.

But here there enters a second aspect of the causal set hypothesis that we have not mentioned earlier. In order to do justice to local Lorentz invariance, the correspondence between number and volume cannot be exact, but it must be subject to Poisson type fluctuations<sup>3</sup>, which of course have a typical scale of  $\sqrt{N}$ . This means that, in holding N fixed at the fundamental level, we in effect fix  $\mathcal{V}$  only up to fluctuations of magnitude  $\pm \sqrt{\mathcal{V}}$ . (Notice that these are not dynamical fluctuations. Rather they occur at a *kinematic* level: that of the correspondence between order theoretic and spatio-temporal variables.) Hence, we do end up integrating over some limited range of  $\mathcal{V}$  after all, and correspondingly we do determine  $\Lambda$  to some degree — but only modulo fluctuations that get smaller as  $\mathcal{V}$  gets larger. Specifically, we have

$$\Delta \Lambda \sim 1/\Delta \mathcal{V} \sim 1/\sqrt{\mathcal{V}} \,. \tag{1}$$

As any proper dilemma should, that of the cosmological constant has two horns: Why is  $\Lambda$  so nearly zero and Why is it not exactly zero? None of what we have said so far bears on the first question, only on the second. All we can

<sup>&</sup>lt;sup>3</sup> More specifically, the correspondence between the underlying causet and the approximating space-time is via a notion of "Poisson sprinkling" at unit density, see references [9, 12] for details.

conclude is that partially integrating over  $\mathcal{V}$  in the effective gravitational path integral will drive us toward *some* value of  $\Lambda$ . We must assume, as the evidence overwhelmingly suggests, that this "target value" is zero, for reasons still to be understood.<sup>4</sup> Then we end up predicting fluctuations about zero of a magnitude given by (1).

Independent of specifics, the space-time volume  $\mathcal{V}$  should be roughly equal to the fourth power of the Hubble radius,  $H^{-1}$ . Therefore, at all times we expect the energy density in the cosmological constant to be of order

$$\rho_{\Lambda} \sim \mathcal{V}^{-1/2} \sim H^2 \sim \rho_{\text{critical}} \tag{2}$$

the critical density (recall that we are setting  $8\pi G = 1$ ). We thus obtain a prediction for today's  $\Lambda$  which agrees in order of magnitude with current fits to the astronomical data. And this argument is not limited to today: at all times we expect the energy density in the cosmological constant to be of order the critical density.

This is the basic idea, but any attempt to implement it immediately raises questions whose answers we can at present only guess at, pending the development of a fuller quantum dynamics for causets. At a conceptual level there is first of all the question of precisely how to interpret the  $\mathcal{V}$  that figures in equation (1) and second of all the question how to incorporate a fluctuating  $\Lambda$  into some suitable modification of the Einstein equations. At a more practical level, if we aim to understand, for example, how fluctuations in  $\Lambda$  would have affected structure formation, we need to know, not only their typical magnitude at each moment of cosmic time, but also how the fluctuations at one moment correlate with those at other moments.

Concerning the conceptual questions, we will, for present purposes, resolve them provisionally as follows. First we impose spatial homogeneity, so that the Einstein equations reduce to a pair of ordinary differential equations for the scale factor a. Of these two equations, one, the so called *Friedmann equation* or *Hamiltonian constraint*, is first order in time and embodies the energy law in this setting, while the second involves  $\ddot{a}$  and, in the case of a *non-fluctuating*  $\Lambda$ , adds no information to the first, except at moments when  $\dot{a} = 0$ . They cannot both be compatible with a time dependent cosmological term when other energy momentum components are separately conserved, so we choose one over the other. Specifically, we choose to interpret  $\Lambda$  via its role in the Friedmann equation. That is, we retain the Friedmann equation but let  $\Lambda$  be a function of time, dropping the second equation entirely.

The quantity  $\mathcal{V}$  which governs the magnitude of the fluctuations in  $\Lambda$  we will identify (up to an unknown factor of order unity) with the volume of the past light cone of any representative point on the hypersurface for which we want the value of  $\mathcal{V}$ , as illustrated in Figure 1. Although this interpretation is somewhat at odds with the meaning that  $\mathcal{V}$  has in the unimodular context, it seems more in accord with causality, and it is the only number accessible to observation in any useful sense.

With these choices made, the only remaining question is what sort of random process we want to use to simulate our fluctuating  $\Lambda$ . Ideally perhaps, this would be some sort of "quantal stochastic process" (since the underlying process is quantal), but here we do the simplest thing possible and let the fluctuations in  $\Lambda$  be driven by those of an unadorned random walk. In fact the ansatz we will use has some appeal in its own right as an independent "story" of why the cosmological constant might be expected to fluctuate in any discrete quantum gravity theory that incorporates the equality  $N = \mathcal{V}$  between volume and number of elements.

With reference to the Einstein-Hilbert Lagrangian, one could describe the cosmological constant as the "action per unit space-time volume which is due just to the existence of space-time as such, independent of any excitations such as matter or gravitational waves". Re-interpreting volume as number of elements, we can say then that  $\Lambda$  is the "action per element". One would expect this to be of order unity in fundamental units, and if we identify the latter with Planck units, we get the old answer which is off by some 120 orders of magnitude. On the other hand, if we suppose that each element makes its own contribution and these contributions fluctuate in sign<sup>5</sup> then the relative smallness of  $\Lambda$  will be explained; but one would also expect a residual  $\sqrt{N}$  contribution to S to remain uncanceled. Consequently, there would remain a residual contribution to the action per element of  $\sqrt{N}/N = 1/\sqrt{N}$ , in agreement with our earlier argument.

To implement such an ansatz is now straightforward. What we need for the sake of the Friedmann equation is just  $\Lambda$  as a function of N (or equivalently of  $\mathcal{V}$ ). To produce such a function we just generate a string of random numbers of mean 0 and standard deviation 1 (say) and identify  $\Lambda(N)$  with the ratio S(N)/N, where S(N) is the sum of the first N of our random numbers. Modulo implementational details this is the scheme we have used in the simulations on which we report next.

<sup>&</sup>lt;sup>4</sup> One possible mechanism is that only  $\Lambda = 0$  is stable against the destructive interference induced by *non-manifold* fluctuations of the causal set.

<sup>&</sup>lt;sup>5</sup> It would probably be more suitable to speak not in terms of action S but rather  $\exp(iS/\hbar)$  and say that the contributions (now multiplicative rather than additive) fluctuate in *phase*.

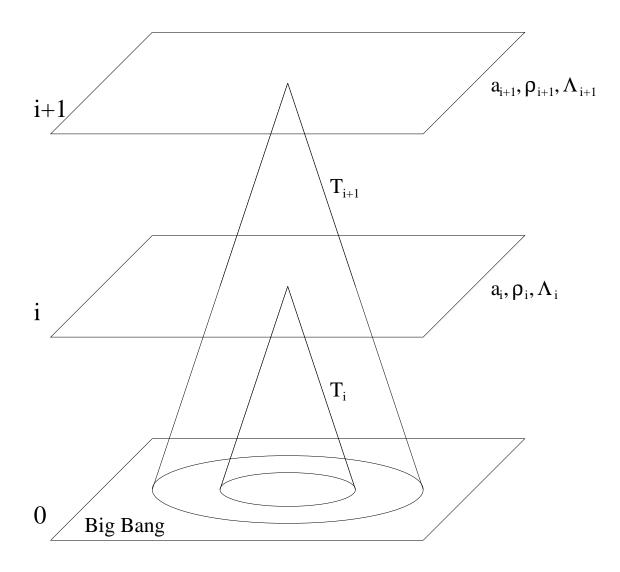


FIG. 1: Schematic representation of the backward light-cone at two different cosmic times. Evolution of the scale factor between the two time slices is determined by the Friedmann equation while  $\Lambda$  varies stochastically.

# III. SIMULATIONS

We take as the space-time volume

$$\mathcal{V}(t) = \frac{4\pi}{3} \int_0^t dt' a(t')^3 \left[ \int_{t'}^t dt'' / a(t'') \right]^3 \tag{3}$$

where a(t) is the scale factor of the universe at proper time t. Note from this formula that the backward light-cones depicted in Figure 1 are quite deceptive: because a(t) was much smaller in the past and vanishes at the Big Bang, most of the four-volume  $\mathcal{V}$  of these light cones accumulates recently. One consequence of this is that  $\mathcal{V} \sim H^{-4}$  recently even if there was a period of cosmic inflation in the early universe.

Our algorithm for calculating the cosmological constant at time-step i + 1 is then to set

$$\delta N_i \equiv N_{i+1} - N_i = \mathcal{V}(t_{i+1}) - \mathcal{V}(t_i) \tag{4}$$

and then write

$$\rho_{\Lambda,i+1} = \frac{S_{i+1}}{N_{i+1}} \\
= \frac{S_i + \alpha \xi_{i+1} \sqrt{\delta N_i}}{N_i + \delta N_i}.$$
(5)

Here  $\alpha$  is an unknown dimensionless parameter which governs the dynamics of the theory;  $\xi_{i+1}$  is a random number with mean 0 and standard deviation 1; and  $S_0$  is set to zero at some very early time  $t_0$ . We then expand the universe according to

$$H^{2} = \left(\frac{\dot{a}}{a}\right)^{2} = \frac{1}{3}\left(\rho_{\text{matter}} + \rho_{\text{radiation}} + \rho_{\Lambda}\right),\tag{6}$$

recompute the new space-time volume and repeat.

Figure 2 shows the evolution of the energy density in one such realization. During the radiation era,  $\rho_{\Lambda}$  scales roughly as  $a^{-4}$ , while during the matter era it scales as  $a^{-3}$ . Thus at all times it is comparable to the ambient energy density. If the recipe we have devised for implementing the ideas of causal set theory and unimodular gravity is an accurate approximation to the ultimate quantum theory, then these modifications of GR do indeed lead to an *Everpresent*  $\Lambda$ , a cosmological term which is always with us [13].

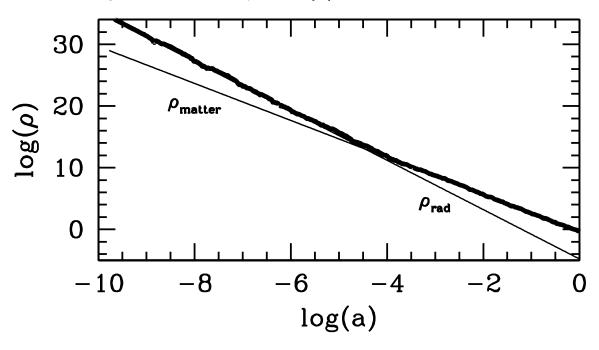


FIG. 2: Evolution of the energy densities in the universe. The thick curve is the absolute value of the energy density in the cosmology constant. The fluctuating  $\rho_{\Lambda}$  is always of order the ambient density, be it radiation (early on) or matter (later). Here the dimensionless parameter  $\alpha$  which governs the amplitude of the fluctuations has been set to 0.01.

Hidden in the gross structure of Figure 2 are the fluctuations about this average scaling. These fluctuations are crucial if the theory is to describe the real universe for two reasons: First, there cannot be too much excess energy at  $a \sim 10^{-9}$  or else the successful predictions of Big Bang Nucleosynthesis (BBN) will be destroyed. Second, if  $\rho_{\Lambda}$  scales exactly as matter today, it will not have the correct equation of state to account for the cosmological observations. Figure 3 shows the ratio of the energy density in  $\Lambda$  to the total energy density as a function of the scale factor for another realization, this time with a slightly larger value of  $\alpha$ . This ratio,  $\Omega_{\Lambda}$ , fluctuates about zero with an amplitude of order 0.5 (as we will shortly see, this amplitude is a function of  $\alpha$ ). In this particular realization,  $\Lambda$  accounts for over fifty percent of the energy density today and changes very little going back to redshift z = 1 (a = 0.5); thus it behaves recently as a true cosmological constant, and therefore satisfies the observed cosmological constraints.

In half the realizations,  $\rho_{\Lambda}$  will be positive today. Whether or not it is positive enough to explain the observations then becomes a question of probability. For  $\alpha = 0.02$ , it clearly is not that improbable (indeed in the same run, we see another spike in the energy density at  $a \simeq 0.1$ ).

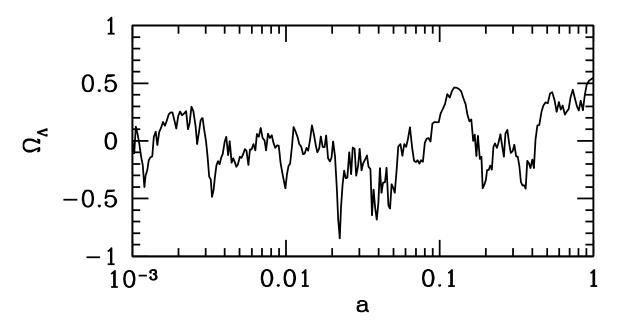


FIG. 3: The ratio of the energy density in cosmological constant to the total density as a function of scale factor. Here  $\alpha = 0.02$ .

The same qualitative argument applies to the BBN constraint. In fact the situation there is even better. Half the time the extra energy density will be negative, thereby reducing the total energy density in the universe. This in turn will reduce the predicted abundance of <sup>4</sup>He. There is some disagreement at present as to whether the current observations agree with the standard cosmological model or not [14], with some cosmologists arguing that the observed abundances are too low. A negative  $\rho_{\Lambda}$  fixes this problem.

Why have we chosen  $\alpha$  to be small? Our choice is in response to a fundamental incompleteness in our implementation. If  $\alpha \approx 1$ , there will inevitably be times during which the total effective energy density, the sum of the terms in parenthesis on the right side of equation (6), goes negative, thereby invalidating the equation. (Whenever this happens, we terminate the run.) In the next section we offer some thoughts on this problem; here we simply spell it out.

Figure 3 shows a history for  $\alpha = 0.02$  going back to the time of decoupling. If we had started earlier, say at the "Planck time"  $a = 10^{-32}$ , we would have had only about a 1 in 3 chance of completing the run without hitting a time at which  $\rho_{tot}$  went negative. Moving  $\alpha$  down to 0.01 evades this problem; for that parameter choice, very few runs hit a time at which the total energy goes negative. However, for  $\alpha$  that small, the fluctuations are also small. Figure 4 shows a histogram of final values of  $\Omega_{\Lambda}$  for 6000 realizations each with  $\alpha = 0.01$ . Only rarely does the final value of  $\Omega_{\Lambda}$  approach those necessary to explain the observations.

There is therefore a tension: if we push  $\alpha$  too low, it becomes very unlikely that  $\rho_{\Lambda}$  will be large enough today to agree with observations. If we push  $\alpha$  too high, there inevitably comes a time at which the total energy density in the universe becomes negative, and the simulation cannot continue. Of course we are dealing with probabilities, so for any value of  $\alpha$  there is always the chance that the total energy density remains positive throughout the history of the universe and the final value of  $\rho_{\Lambda}$  is large enough to account for observations. Fortunately, this happens reasonably often for  $\alpha$  in the range 0.01 - 0.02. Nonetheless, we suspect that we will ultimately have to deal more directly with possibility that  $\rho_{tot}$  goes negative.

# IV. COMPLICATIONS

We can think of two ways to deal with a negative  $\rho_{tot}$  without having to terminate the simulation: change the implementation so that this never occurs or reinterpret  $\rho_{tot}$  going to zero (or negative) so as to give a viable cosmology without having to fine tune  $\alpha$ .

One approach would be to suppose that  $\Lambda$  fluctuates but is positive semi-definite. This is the position adopted by Ng and van Dam in reference [15]. There, they argue that the kernel for the Euclidean gravitational path integral

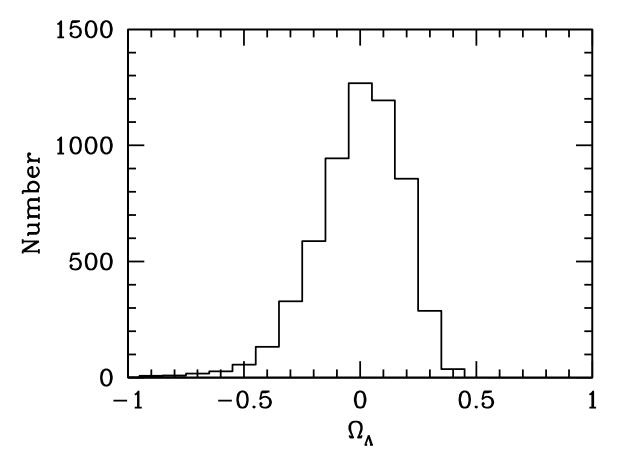


FIG. 4: A histogram of the final value of  $\Omega_{\Lambda}$ , the ratio of  $\rho_{\Lambda}$  to the total density. The dimensionless parameter governing the fluctuations in  $\Lambda$  has been set to  $\alpha = 0.01$ .

over  $\Lambda$  histories takes the form

$$e^{-S_E} \propto \exp\left(\frac{24\pi^2}{\Lambda}\right),$$
(7)

in our units. From this, they argue that the most probable value of  $\Lambda$  is zero and that, if it is not zero, it must be positive. As they observe, however, this result is peculiar to the assumptions of Euclidean quantum gravity with all its uncertainties and controversy. In particular, this result does not seem to follow from causal set theory or unimodular gravity by themselves and we do not favour it.

Another possibility would be to suppose that the cosmological term comes from a decrease in the local energy of one of the matter fields or gravitational waves. This is the philosophy of, for example, Chen and Wu [16] who consider a non-fluctuating, but time dependent, cosmological term  $\Lambda(t) \propto a^{-2}(t)$ . Of course, this supposition is forced upon us if all of Einstein's equations are to be simultaneously satisfied exactly. That is, Einstein's equations—the contracted Bianchi identity in particular—require that total energy-momentum be conserved. Thus, in classical GR, the cosmological term cannot fluctuate without a compensating fluctuation in the energy-momentum density of one or more of the matter fields.

As stated in the introduction, our approach has been to solve this problem by maintaining only the Friedmann equation as exact. Nevertheless, let us try instead to adapt the solution above to our case. Suppose that some matter component, let us take gravitational waves as a concrete example, is somehow converted into the energy density of a cosmological term, while the energy density in every other component (dust, radiation, etc.) is separately covariantly conserved. The first law,  $\frac{d}{dt} \left[ (\rho_{\text{tot}} + p_{\text{tot}}) a^3 \right] = a^3 \frac{dp_{\text{tot}}}{dt}$ , applied to these two components becomes:

$$\dot{\rho}_{\rm grav} = -4H\rho_{\rm grav} - \Lambda(t)\,,\tag{8}$$

where H is the Hubble parameter. As could be expected, an increase in  $\Lambda$  must lead to a decrease in the energy density in the gravity waves. However, for a generic fluctuating  $\Lambda(t)$ , the cosmological term might increase enough

that the energy density in gravity waves becomes negative. It's not clear how this could be interpreted and it appears that we would simply exchange one problem with another. Note that, in the case of Chen and Wu [16], this is not a problem. Their cosmological term decreases *monotonically* with the expansion of the universe. Thus, we see that this solution can work with a fluctuating  $\Lambda$  if we demand that  $\dot{\Lambda} \leq 0$ . In fact, relaxation processes of this sort have been considered for some time. The earliest we are aware of is that of Abbott [17]. Recently, there has been renewed interest in a similar suggestion of Brown and Teitelboim [18] where domains of four-form flux decay spontaneously, relaxing the effective local value of the cosmological term, see [19] for recent references. The difficulty with these proposals is again the "Why now?" problem: relaxation rates and/or boundary values must be tuned for any hope to obtain a viable cosmology.<sup>6</sup>

All in all, neither of these proposals really seems to address the central difficulty: Within the contexts of causal set theory and unimodular gravity, the sign of the total effective energy density is fundamentally not constrained. We see no good reason to assume either that  $\Lambda$  is positive definite or that  $\Lambda$  will always decrease. Thus, let us seek instead to understand what happens when  $\rho_{tot}$  approaches and perhaps goes through zero. Our guide will be the classical theory. Consider, for example, a dust filled, flat universe with a negative cosmological constant  $\lambda_0 < 0$  (a true constant). The 0-0 component of Einstein's equations gives us the Friedmann equation:  $3H^2 = \rho_{tot}$ . Meanwhile, the *i-i* component gives us the deceleration:  $2\frac{\ddot{a}}{a} = -|\lambda_0| - H^2$ . We see that, once the matter has red-shifted enough that the total energy density vanishes, the universe stops expanding and begins to contract. As it contracts, the energy density in matter once again begins to exceed the magnitude of the cosmological term and  $\rho_{tot}$  never becomes negative.

We expect that something like this phenomenology will carry over into our case except that, with a fluctuating cosmological term, it seems likely that the collapse can reverse itself if the cosmological term later becomes sufficiently negative a second time. This is in contrast with the classical example above where once the universe starts to collapse, the matter term always dominates and keeps  $\ddot{a}/a$  negative. In our model, however, we would expect the amplitude of the cosmological term's fluctuations to track the matter or radiation energy density in the collapsing universe.

Of course, none of this follows from the simple evolution ansatz we have applied in this paper. Such detailed dynamical understanding must await further developments. Nevertheless, it is reasonable to suppose that the complete theory will reduce in stages: a full theory with non-metric structures at the Planck scale and a semi-classical theory describing metric structures at larger scales. Furthermore, it is reasonable that the semi-classical theory will be describable as some sort of sum-over-histories, where the intermediate states are three-geometries. We can envisage the evolution equation we propose as some sort of classical approximation to propagation in a stochastic potential. In the sum-over-histories theory, we expect the case  $\rho_{tot} < 0$  will correspond to a tunneling-type solution. Our difficulty in handling  $\rho_{tot} < 0$  here is, in this sense, no different from the standard problem of finding an effective, classical description of barrier penetration.

# V. CONCLUSION

It is still too early to understand the full implications of recent cosmic discoveries that point to dark energy in the universe. A number of possibilities have previously been explored in detail, including a non-zero cosmological constant  $\Lambda$  and zero  $\Lambda$  with dark energy hidden in a scalar field.

It is also possible, though, that the measurements are telling us that we need to modify our understanding of space and time. In particular, the notion that space-time is continuous may be simply an approximation that breaks down on scales as small as the Planck scale. If so, drawing on ideas from causal set theory – which postulates a discrete space-time – and unimodular gravity, we have shown that the cosmological "constant" need not be a fixed parameter. Rather, it arguably fluctuates about zero with a magnitude  $1/\sqrt{\mathcal{V}}$ ,  $\mathcal{V}$  being some measure of the past four volume. The amplitude of these fluctuations is then of the right order of magnitude to explain the dark energy in the universe. This argument is so general that it would apply at all times, and, indeed, we expect the energy density in the cosmological "constant" to always be of order the ambient density in the universe.

In §IV, we presented a number of issues which inevitably will confront anyone wishing to implement this idea. Until these issues are resolved, it will be difficult to make unambiguous, robust predictions. Nevertheless, one can already see that this theory of a fluctuating  $\Lambda$  differs significantly from most other solutions to the dark energy problem. Most important for its testability is the notion that it may have affected the evolution of the universe at early times. Thus, the primordial generation of perturbations during a possible inflationary phase; production of light elements in

<sup>&</sup>lt;sup>6</sup> Of course, back when Abbott and Brown and Teitelboim first made their suggestions, there was no compelling evidence for a non-vanishing cosmological term. One needed only to make it small enough.

recent times all may yield clues and tests of the idea of an everpresent Λ. This work was supported by the DOE at Fermilab, by NASA grant NAG5-10842 and by NSF Grant PHY-0079251. It was also supported at Syracuse University by NSF Grant PHY-0098488 and by an EPSRC Senior Fellowship at Queen Mary College, University of London. SD and RDS would like to acknowledge the hospitality of the Aspen Center for Physics where their collaboration began, and RDS would like to acknowledge the hospitality of Goodenough College, London, where part of this work was done. PBG would like to acknowledge useful conversations with J. Moffatt at the University of Toronto and the hospitality of the Canadian Institute for Theoretical Astrophysics while there.

- Well before supernovae observations pointed to an accelerating universe, there was ample evidence that the best fit universe was one with a cosmological constant. See e.g. L. Krauss and M.S. Turner, *Gen. Rel. Grav.* 27, 1137 (1995); J.P. Ostriker and P.J. Steinhardt, *Nature* 377, 600 (1995).
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